



Empowering children to lead the digital wellbeing conversation through a FREE, engaging 3-hour workshop —funded by Westmorland and Furness Council and Cumbria Community Foundation —and built around our pioneering ABCDS of digital health and wellbeing framework for confidence and real-world impact.

# Workshop

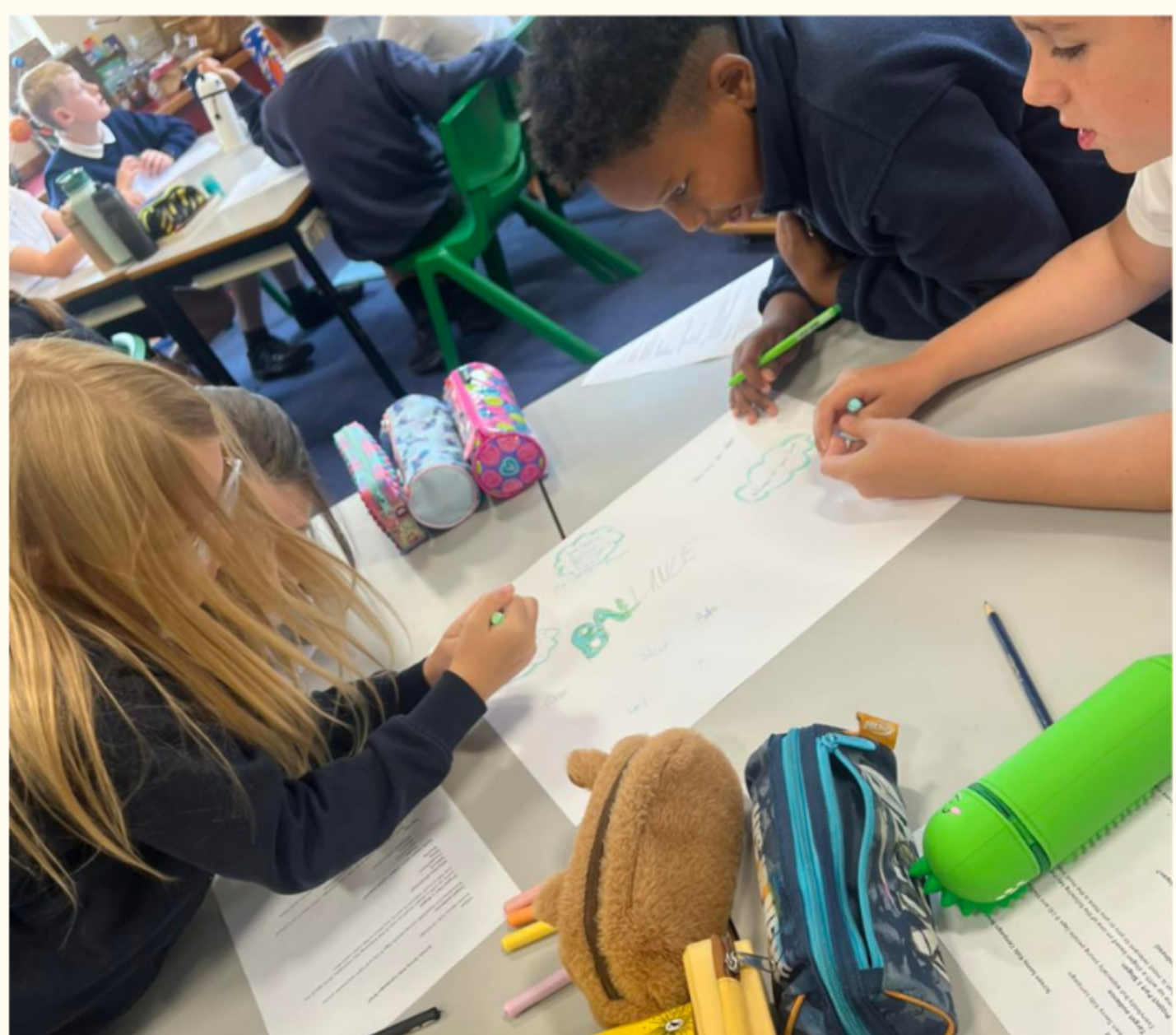
- 9am-12pm at School
- Delivered by professionals with education background
- Child-led creative activities and slogans
- Explores screen habits, safety, and wellbeing

# Campaign

- Each school receives a banner for the school gates displaying the work and messages created by their pupils

# Parent Webinar

- The programme includes a FREE support webinar to teach parents about the ABCDS framework and reinforce the message



For more information contact [info@screensavvykidz.org.uk](mailto:info@screensavvykidz.org.uk)

